

Lisha A Brown

The Shepherd University Wellness Center is comprised of several recreational spaces. The four distinct spaces to be analyzed and redesigned include the fitness room, multi-purpose room, rotunda, and outdoor entry.

### Fitness Room | Large Work Space

Description: Located on the second floor of the building and is viewed as a “rotunda balcony” (Hughes Group Architects). The space provides views of the building amenities and outside onto the campus. About 7,500 square foot weight and fitness area consisting of free weights, resistance machines, and cardio equipment. The space also contains nine flat screen televisions.

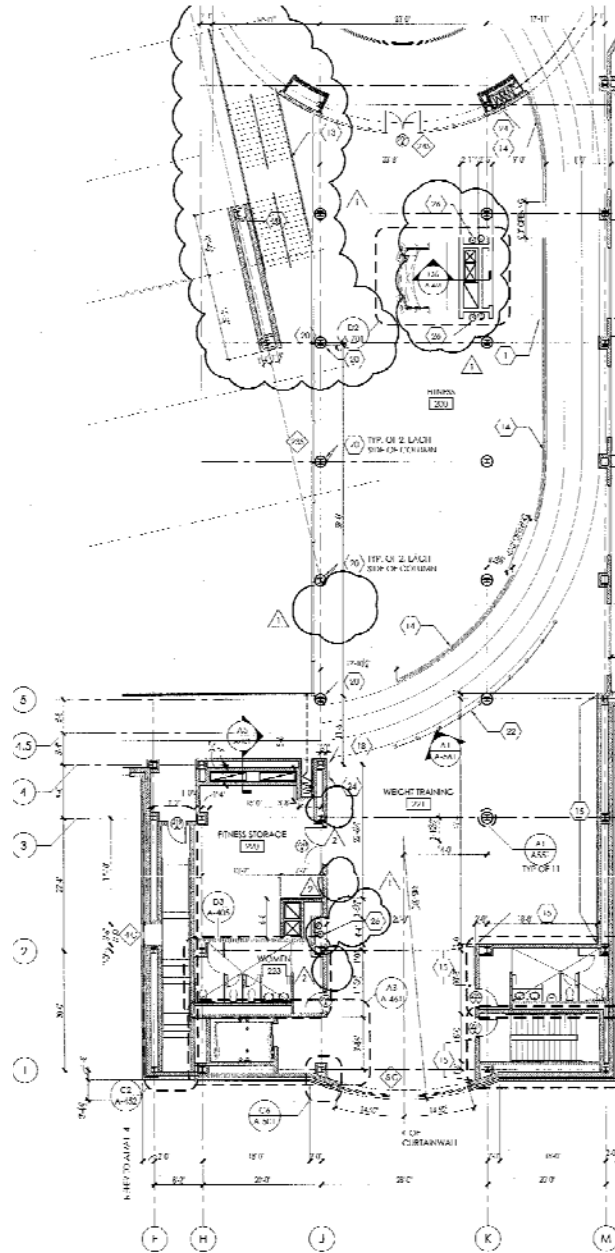
Materials: Large glass windows along the walls.

Activities/ Visual Tasks: Physical activity, including cardio and lifting. Viewing the television screens is a consideration.

Drawings:



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### Multi-Purpose Room | Special Purpose Space

Description: Located on the second floor of the building. The space is an open square for freedom of movement required by the aerobic and dance classes that take place here. The space does not contain furniture or any permanent layout. The room is equipped for dance, aerobic, and wellness classes.

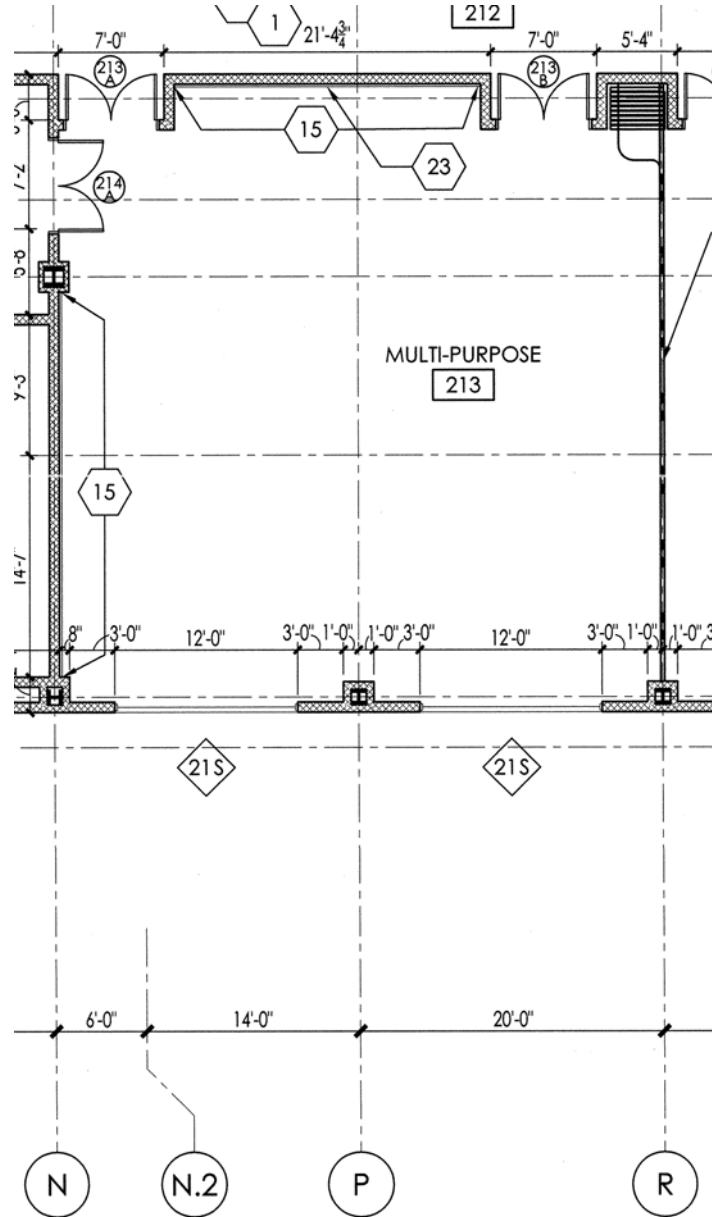
Three Schematic Design Concepts: Physical movement taught classes, lecture style taught classes, and recreational use activities.

Materials: Mirrored wall, floating wood floor.

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Activities/ Visual Tasks: Physical activity, including aerobic and dance classes. Viewing of the instructor is necessary.

Drawings:



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Rotunda | Circulation Space

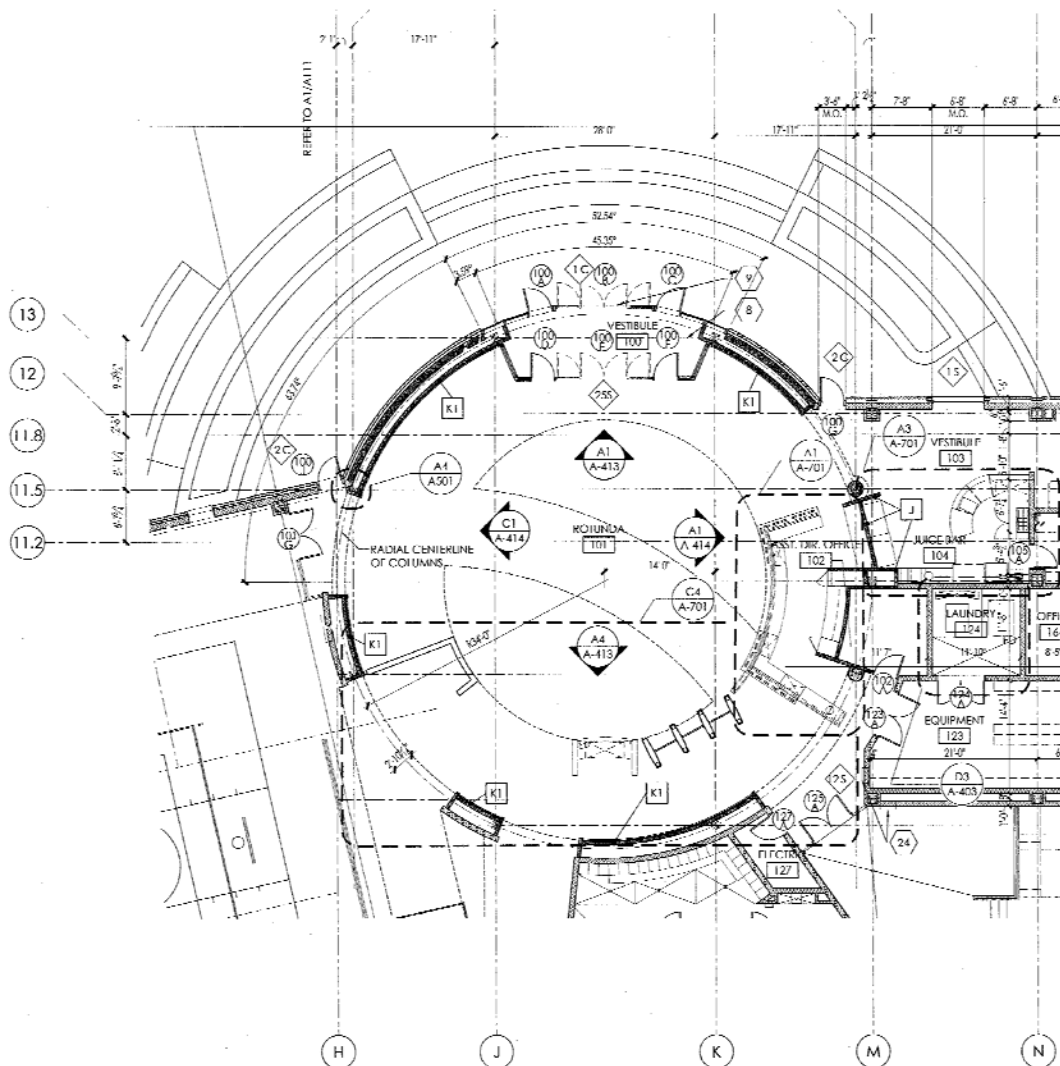
Description: This two-story space provides views to outside the front of the building as well as to interior spaces, like the fitness room and gymnasium. The first level contains a casual seating area and front desk. A circular walking path with a bisecting arc shaped walking path breaks up the openness of the space on the second level.

Psychological Impression: Spaciousness

Materials: Wood furniture, ceramic tile flooring, cream-colored plaster walls.

Activities/ Visual Tasks: Circulation and egress are the main activities. Writing and computer tasks will be performed at the front desk.

Drawings:



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Outdoor Entry | Outdoor Space

Description: The gathering space outside the front doorway of the building. The focal point of the building that draws the visitor into the space. The space connects the pathway outside to the vestibule inside.

Materials: Paved white cement ground, red brick finish half walls, green shrubbery.

Activities/ Visual Tasks: Circulation and egress are the main activities. Viewing the building is a consideration.

Drawings:

